



### SPA

### Single ticket and pack ticket

Charm Beauty Farm is located on the topfloor of the hotel. It has a huge sauna, a spacious Turkish bath, a mediterranean cabin, showers, ice fountain and relax room with herbal tea service. The exclusive heated swimming pool with cromotherapy jacuzzi jet and water games becomes magic in summer when the roof is opened and you can enjoy the beauty of the valley both during day and night.

SPA entrance from Monday to Friday Wellness kit included	30€
Pool entrance from Monday to Friday Towel included	20€
SPA entrance on weekends and holidays Wellness kit included	35€
"Relax & Fit" pack 10 entrance to SPA and gym. Wellness kit included	240€
"Blue Relax" pack 10 entrance to pool and gym	180€
*Nominal pack to be used within 4 months from subscription.	
Wellness kit (bathrobe, towel, bathfoam)	5€
Horizon slippers	5€



#### SPA SHIFTS

Monday to Friday 09:00-13:00; 13:30-17:30; 18:00-22:00 Saturdays, Sundays and holidays 09:00-13:30; 14:30-19:00

### POOL SERVICE

Light lunch menu available from 12:30 to 14:30 Cocktails and appetizer €10 from 17:00

### PRIVATE EVENT

It is possible to reserve the pool and spa area for private events, birthdays, degree party, bachelorette party and much more. Feel free to ask information at desk. Info and booking 0734 873864.

### ROMANTIC NIGHT IN POOL - PRIVATE SPA FOR 2

Unique experience, with entire pool and spa area reserved for 2 persons. As a plus, you can have private dinner served by the pool. Feel free to ask information at desk.

Info and booking 0734 873864.



## DECONTRACTING MASSAGE

Neck massage	25' 45€
Decontracting massage with warm oil	50' 70€
Shiatsu treatment	50' 70€
Thai massage with warm oil	50' 70€
Thai massage with warm oil	90' 110€
Traditional Thai massage	70' 95€
Traditional Thai massage	90' 120€
Extra treatment with bundle of aromatic herbs Only with Thai massage	20' 25€

## **BEAUTY MASSAGE**

Facial massage	20' 30€
Draining massage	50' 65€
Anti-cellulite body shaping massage	

### SHIATSU

Using finger pressure it helps to unlock muscle and joint tensions and to reduce anxiety and insomnia.

### THAI MASSAGE

Thai massage means touching for healing and the technique is based on meridians. It can be performed on futon or on massage bed. The biggest effect of Thai massage is a deep relaxation feeling by releasing tension areas and giving impulse to vital energy.

# WELLNESS AND RELAX MASSAGE

Scalp Massage with coconut oil	20' 35€
Back or legs relax massage	25' 40€
Total body relax massage	50' 65€
Relaxing couple massage	25' 90€ - 50' 130€
Holistic massage The Holistic massage, from the greek word holos – total, helps to reach the total psychological and physical well-being as acts not only on the body but also on the more intimate feelings and emotions.	50' 70€
Reiki Treatment Gentle manual treatment with the aim to balance the body energy.	25' 35€
Ayurveda massage This massage helps to counterbalance body, mind and soul and acts deeply on muscle tensions creating a sense of balance and order. Improves sleepiness and psychosomatic problems. You can choose among 4 types: Abyangam (rebalancing), Anti pitta (soothing), Anti Kapha (anti-cellulite), Ayurvedic lymph drainage.	50' 70€
Pindasweda massage Ayurvedic massage made with hot pouch either dry or soaked in warm oil with healing herbs This treatment acts against rheumhatism reducing skin impurities and has a rejuvenating effect.	50' 70€

Metamorphic massage This treatment is deeply relaxing as helps people to win confidence toward balance in life and to unblock tensions and stimulates changes at mental, behavioral and physical level.	60' 65€
Lomi Lomi Hawaiian massage It is the journey of the soul together with the physical experience of the body. It is a ceremony massage with Hawaiian origin. Stress, tensions and anxiety are relieved in a holy experience. Movements are soft and gentle, recall the ocean dance and give harmony to body and soul.	60' 85€
Foot Thai Reflexology massage This treatment exploits the reflexology practice to counterbalance all body.	50' 65€
Manual Massage with Tibetan bell According to the Indian tradition the Tibetan bell helps wellbeing and meditation. First the operator lets the bell float all along the body then releases the muscle tension manually.	50' 70€
Four hands Relaxing massage Relaxing massage with 2 operators at the same time in order to reach total relax.	50' 140€

Make your massage unique with one of our special body balsams such as karitè or thè butter or wellness oil.

Feel free to check the selection available with our operators.



### RITUALS AND REJUVENATING TREATMENT

Goddes ritual 60' 75€ Elasticizing restorative revitalizing rituals with rice powder, coconut oil, aloe vera and oriental aromas to lighten the skin and the body. It is possible to choose among 4 types: - Rice caress (exfoliating massage with jasmine rice pure powder and coconut oil) - Nourish your skin (massage with coconut oil and aloe vera) - Caress of the East (exfoliating massage with jasmine rice powder and aromas of East) - Skin of charm (regenerating and nutritious massage with aroma of the East) Goddes ritual + wellness path 95€ Awakening of the body 70' 110€ Rituals based on detoxifying, draining cell renewal and anti-aging perilla oil. It is possible to choose among 4 types - Himalayan breath (exfoliation massage with Himalayan pink salt and perilla oil) - Energy source (anticellulite drainage massage) - Shining skin (with red rice) - Vitality Elixir Awakening of the body + wellness path 130€ Luxury Experience 135' 245€ Unique experience studied to reach the total rejuvenation. You will be accompanied in each step by one of our operators: scrub, Turkish bath, finnish sauna, hydromassage in warm water, hydrating body wrap, relaxing massage, face treatment, head massage. SKIN RENEWAL Pink Himalayan salt scrub 40' 45€

50' 55€

# FACE TREATMENT

Beauty mask Specific masks for all skin types	40€
Face cleaning	70€
Treatment for young or sensitive skin	60€
Purifying treatment	60€
Hyperpigmented skin treatment	60€
Anti-aging treatment	60€
Eye treatment	40€
Face Storz medical	55€
Face LPG	50€
Face LPG + beauty treatment	80€



# **BODY TREATMENT**

Anti-aging body treatment	60€
Specific legs and abdominal treatmen Cellulite and tone	t <b>70€</b>
Mud + 15' legs and abdominal massag	e <b>70€</b>
Mud + 50' legs and abdominal massag	ge <b>110€</b>
Treatment with mud and saline scrub	90€
Aromatic wrap	70€
LPG lipomassage by Endermologie	per session <b>80€</b>
Storz medical	per zone <b>22€</b>
Press-therapy	30, 30€
Press-therapy + mud	60' 50€



# WAXING

# HANDS AND FEET

Full leg and bikini	40€	Beauty manicure	20€
Full leg and bikini (Brazilian	wax) <b>70€</b>	Beauty pedicure	30€
Full leg	30€	Therapeutic pedicure	38€
Half leg	20€	Hands or feet antiage and antispot treatment	50€
Bikini	15€	Vinylux nail polish	10€
Brazilian	20€	Nail polishing	10€
Arms	15€		
Underarm	10€	SOLAR SHOWER	
Beeswax	5€		
Eyebrow	10€		
Chest or back	25€	Session	15' 10€
Diode Laser hair removal	per zone <b>34€</b>	10 session pack	80€



# "CHARM GIFTS"

Share wellness moments with your beloved!



CHARM BEAUTY FARM GIFT PACKS ARE
THE PERFECT IDEA TO GIVE HAPPINESS AND RELIEF TO
PARTNER, FAMILY OR FRIENDS.

FEEL FREE TO CHECK ALL OFFERS
WITH OUR OPERATORS AT DESK OR VIA EMAIL
AT BENESSERE@HOTELHORIZON.IT
OR PHONE 0734 898899

### TIMETABLES

From Monday to Friday 09:00 - 22:30

Saturday, Sunday and holidays 09:00 - 19:30

# INFO & BOOKINGS

Booking required

Tel. 0734 898899

E-Mail benessere@hotelhorizon.it

Hotel Horizon

Strada provinciale Veregrense 94 (angolo via Monte Amiata) 63812 Montegranaro (FM) www.hotelhorizon.it

### CONDUCT CODE

#### ARRIVAL

We will be happy to receive you 15 minutes before the time set for your treatment. Any delay will result in the reduction of the duration of the treatment having the need to guarantee the punctuality of the following appointment.

#### **CANCELLATIONS**

Please cancel or change treatment bookings at least 24hours in advance. For any cancellation made in the 4 hours before the appointment, the full cost of the treatment will be charged.

#### CONDUCT CODE

The environment of our beauty farm is peaceful and relaxing. We therefore ask you to respect the relax of other guests avoiding to talk loud, use mobile phones or cameras. It is also forbidden to smoke inside all the Charm Beauty Farm. A swimsuit is required to acess the pool and wellness area.

#### MINIMUM AGE

Children under 18 years old can not access the wellness area. Children under 14 can access swimming pool in the morning from 9:00 to 13:00

Children from 14 to 18 can access the swimming pool all day if accompanied by an adult.

#### HEALTH

Please let us know your health, allergies, or any other medical problem that may affect the pleasantness of the treatment requested or the use of our facilities. Charm Beauty Farm is not responsible for injuries and accidents caused by actions that do not comply with the spa conduct code while staying in our facility.

